

# Prescription Guidelines

(effective July 1, 2015)

Some medications are only intended to be used in limited quantities, others require advanced approval or prior authorization by your doctor before they can be filled and some are prescribed in steps.

**Quantity limits** have been placed on the use of selected drugs for quality, safety or utilization reasons. Limits may be on the amount of the drug that we cover per prescription or for a defined period of time.

**Prior Authorization** is required before you fill prescriptions for certain drugs. Without prior approval, your drugs may not be covered.

**Step Therapy** ensures lower costs. When similar medications are available, step therapy guides your doctor to prescribe the lower-cost option first. You may then move up the cost levels until you find the drug that works best for you. Higher step drugs will require advanced approval or prior authorization by your doctor before they can be filled.

This list is subject to change, so please check the **Drug Search** section of [www.carefirst.com/rx](http://www.carefirst.com/rx) for the most up-to-date list.

Note: Due to the lack of Food and Drug Administration (FDA) approval for many ingredients included in compounds, as well as the lack of validated clinical support for use of these high-cost compounds, they may not be covered by your prescription plan or may require prior authorization. If the compound ingredients are not covered, you will be responsible for the full cost of those ingredients. In situations where the compound ingredients are covered through prior authorization, you will pay the cost share specified in your prescription plan.

## QUANTITY LIMITS

ALSUMA INJ	12 injections per month
AMERGE	12 tablets per month
AXERT	12 tablets per month
butorphanol nasal spray	2 inhalers per month
CIALIS 2.5 MG	30 tablets per month
CIALIS 5 MG	30 tablets per month
CAVERJECT	6 units per month
EDEX	6 units per month
FROVA	18 tablets per month
IMITREX	12 tablets per month
IMITREX INJ	12 vials or syringes per month
IMITREX NASAL SPRAY 5 MG	24 units per month
IMITREX NASAL SPRAY 20 MG	12 units per month
LEVITRA	6 tablets per month
MAXALT	18 tablets per month
MAXALT MLT	18 tablets per month
MIGRANAL NS	3 x 8 mL per month

MUSE	6 units per month
OXYCONTIN	120 tablets per month
RELENZA	40 blisters per 90 days
RELPAK	12 tablets per month
STAXYN	6 tablets per month
STENDRA	6 tablets per month
SUMAVEL	12 injections per month
TAMIFLU 30 MG	28 capsules per 90 days
TAMIFLU 45 MG	14 capsules per 90 days
TAMIFLU 75 MG	180 mL per 90 days
TAMIFLU SUSP	1 bottle per 90 days
TREXIMET	9 tablets per month
VIAGRA	6 tablets per month
ZECUITY	12 systems per month
ZOMIG	12 tablets per month
ZOMIG NASAL SPRAY	12 units per month
ZOMIG ZMT	12 tablets per month

## NON-SPECIALTY DRUGS REQUIRING PRIOR AUTHORIZATION

ABSTRAL  
ACCU-CHEK STRIPS AND KITS  
ACTIQ  
ATRALIN  
AVITA  
BREEZE 2 STRIPS AND KITS  
CONTOUR NEXT STRIPS AND KITS  
CONTOUR STRIPS AND KITS  
EPANOVA  
FABIOR  
FENTORA  
FREESTYLE STRIPS AND KITS

LAZANDA  
LOVAZA  
OMTRYG  
ONSOLIS  
RETIN-A  
RETIN-A MICRO  
SUBSYS  
TAZORAC  
TRETIN-X  
VASCEPA  
VELTIN  
XIFAXAN 550 MG

ZIANA  
All other glucose test strips that are not ONETOUCH brand  
Compound drugs with a cost of \$300 or more

## SPECIALTY DRUGS REQUIRING PRIOR AUTHORIZATION

ABRAXANE	FARYDAK	MIRCERA *
ACTEMRA	FEIBA NF	MONOCLATE-P
ACTIMMUNE	FEIBA VH	MONONINE
ADAGEN	FERRIPROX	MYALEPT
ADCIRCA	FIRAZYR	MYOBLOC
ADEMPAS	FIRMAGON	MYOZYME
ADVATE	FLEBOGAMMA	NAGLAZYME
AFINITOR	FLOLAN	NATPARA
ALDURAZYME	FORTEO	NEULASTA *
ALIMTA	FUZEON	NEUMEGA
ALPHANATE	GAMASTAN S/D	NEUPOGEN *
ALPHANINE SD	GAMMAGARD	NEXAVAR
ALPROLIX	GAMMAGARD S/D	NORDITROPIN
AMPYRA	GAMMAKED	NORTHERA
APOKYN	GAMMAPLEX	NOVOSEVEN
ARALAST	GAMUNEX-C	NPLATE
ARANESP *	GATTEX	NUTROPIN AQ
ARCALYST	GEMZAR	OCTAGAM
AUBAGIO	GENOTROPIN	octreotide acetate
AVASTIN	GILENYA	OFEV
AVONEX	GILOTRIF	OLYSIO
azacitidine	GLASSIA	OMNITROPE
BEBULIN	GLEEVEC	OPSUMIT
BENEFIX	GRANIX *	ORENCIA
BENLYSTA	H.P. ACTHAR GEL	ORENITRAM
BERINERT	HARVONI	ORFADIN
BETASERON	HELIXATE FS	OTEZLA
BETHKIS	HEMOFIL M	OTREXUP
BIVIGAM	HERCEPTIN	PEGASYS
BOSULIF	HETLIOZ	PEGINTRON
BOTOX	HIZENTRA	PERJETA
BUPHENYL	HUMATE-P	phenylbutyrate sodium
capecitabine	HUMATROPE	PLEGRIDY
CAPRELSA	HUMIRA	POMALYST
CARBAGLU	HYCAMTIN	PRIVIGEN
CARIMUNE NF	HYQVIA	PROCRIT *
CAYSTON	IBRANCE	PROCYSBI
CERDELGA	ICLUSIG	PROFILNINE SD
CEREZYME	ILARIS	PROLASTIN-C
CIMZIA	IMBRUVICA	PROLIA
CINRYZE	INCRELEX	PROMACTA
COMETRIQ	INLYTA	PROVENGE
COPAXONE	INTRON A	PULMOZYME
COPEGUS	JADENU	RASUVO
CORIFACT	JAKAFI	RAVICTI
COSENTYX	JUXTAPID	REBETOL
CYSTAGON	KADCYLA	REBETOL SOLUTION
CYSTARAN	KALBITOR	REBIF
CYTOGAM	KALYDECO	RECLAST
DOCEFREZ	KINERET	RECOMBINATE
DYSPORT	KITABIS PAK	REMICADE
EGRIFTA	KOATE-DVI	REMODULIN
ELAPRASE	KOGENATE FS	REVATIO
ELELYSO	KORLYM	REVLIMID
ELIGARD	KUVAN	RIASTAP
ELOCTATE	KYNAMRO	RIBAPAK
ELOXATIN	LEMTRADA	RIBASPHERE
ENBREL	LENVIMA	RIBATAB
ENTYVIO	LETAIRIS	ribavirin caps
EPOGEN *	LEUKINE *	ribavirin tabs
epoprostenol	leuprolide acetate	RITUXAN
ERBITUX	LUCENTIS	RIXUBIS
ERIVEDGE	LUMIZYME	RUCONEST
ESBRIET	LUPRON	SABRIL
EXJADE	LUPRON DEPOT	SAIZEN
EXTAVIA	LYNPARZA	SAMSCA
EYLEA	MACUGEN	SANDOSTATIN
FABRAZYME	MEKINIST	SANDOSTATIN LAR

SENSIPAR  
 SEROSTIM  
 SIGNIFOR  
 sildenafil  
 SIMPONI  
 SIMPONI ARIA  
 SOLIRIS  
 SOMATULINE DEPOT  
 SOMAVERT  
 SOVALDI  
 SPRYCEL  
 STELARA  
 STIMATE  
 STIVARGA  
 SUTENT  
 SYLATRON  
 SYNAGIS  
 TAFINLAR  
 TARCEVA  
 TARGRETIN  
 TASIGNA  
 TAXOTERE  
 TECFIDERA  
 TEMODAR

temozolomide  
 TEV-TROPIN  
 THALOMID  
 TIKOSYN  
 TOBI  
 TOBI PODHALER  
 tobramycin inhalation solution  
 TRACLEER  
 TREANDA  
 TRELSTAR  
 TRETEN  
 TYKERB  
 TYSABRI  
 TYVASO  
 VALCHLOR  
 VANTAS  
 VELCADE  
 VELETRI  
 VENTAVIS  
 VICTRELIS  
 VIDAZA  
 VIEKIRA PAK  
 VIMIZIM  
 VISUDYNE

VOTRIENT  
 VPRIV  
 WILATE  
 XALKORI  
 XELJANZ  
 XELODA  
 XENAZINE  
 XEOMIN  
 XGEVA  
 XOLAIR  
 XTANDI  
 XYNTHA  
 YERVOY  
 ZAVESCA  
 ZELBORAF  
 ZEMAIRA  
 ZOLADEX  
 zoledronic acid  
 ZOLINZA  
 ZOMETA  
 ZORBTIVE  
 ZYDELIG  
 ZYKADIA  
 ZYTIGA

\* Prior authorization required for prescription benefits coverage only.

## DRUGS REQUIRING STEP THERAPY

You must try one of these drugs first or your doctor must request an exception for you ...	Used to treat	... before you can get coverage for these drugs
First Choice Drugs		Second Choice Drugs
minocycline (immediate or extended release) or doxycycline (immediate or extended release)	Acne	Solodyn, Ximino (minocycline extended release)

Your specific prescription benefit plan design may not cover certain products or categories, regardless of their appearance in this document. For specific information, visit [www.carefirst.com](http://www.carefirst.com) and log into My Account or contact CareFirst Pharmacy Services at 800-241-3371.

The information contained in this document is proprietary. The information may not be copied in whole or in part without written permission.



CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. are both independent licensees of the Blue Cross and Blue Shield Association.  
 ® Registered trademark of the Blue Cross and Blue Shield Association. ® Registered trademark of CareFirst of Maryland, Inc.