Dear Parent/Guardian:

During the 2019-2020 school-year, your child will be included in Family Life Education (FLE) lessons. The purpose of FLE is, among other things, to teach students to develop a positive self-image, to combat unwanted peer pressure, and to understand age-appropriate aspects of their own growth and development. You can access more information about the program by reviewing the summaries below or by visiting the library at your child’s school.

**PLEASE NOTE: You do not need to return this form unless you are opting your child out of some or all of the Family Life Education lessons.**

In order to exclude your child from any or all FLE content, please sign and date below and return this form to your child’s classroom teacher.

Child’s Name _________________________ Classroom Teacher ________________________

**Directions:** Please check those lessons in which you do not want your child to take part.

____ Unit 1: Creating our Learning Community
- During this unit students will begin to develop a sense of self, learn how to develop healthy relationships, and learn how to maintain their personal safety.

____ Unit 2: We Are Family
- In this unit students will continue to develop a sense of self and will continue to see themselves within a family unit and a school community.

____ Unit 3: It’s My Body, and I’m in Charge
- During this unit students will develop strategies to maintain their personal safety in a variety of settings.

If you have any questions or concerns, please contact Mike Humphreys, ACPS Instructional Specialist for Health/PE & Family Life Education, at Michael.humphreys@acps.k12.va.us or 703-619-8020.

______________________________
Parent/Guardian Signature

______________________________
Date