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Family Life Education Information and Exemption Form 2019-2020 Fourth Grade

Dear Parent/Guardian:

During the 2019-2020 school-year, your child will be included in Family Life Education (FLE) lessons. The purpose of FLE is, among other things, to teach students to develop a positive self-image, to combat unwanted peer pressure, and to understand age-appropriate aspects of their own growth and development. You can access more information about the program by reviewing the summaries below or by visiting the library at your child's school.

PLEASE NOTE: You do not need to return this form unless you are opting your child out of some or all of the Family Life Education lessons.

In order to exclude your child from any or all FLE content, please sign and date below and return this form to your child's classroom teacher.

Child's Name _____ Classroom Teacher _____

Directions: Please check those lessons in which you do not want your child to take part.

____ **Unit 1: Getting to Know All of Me**

- During this unit students will begin to understand their role within the family, they will develop an awareness of personal strengths and weaknesses, and they'll learn about child abuse, child neglect, and substance abuse, and ways to protect themselves from each of them.

____ **Unit 2: My Changing Body**

- In this unit students will become familiar with the concept of puberty and its accompanying changes, as well as the names and functions of reproductive organs.

____ **Unit 3: My Baby Sister**

- During this unit students will become familiar with the human fertilization process.

If you have any questions or concerns, please contact Mike Humphreys, ACPS Instructional Specialist for Health/PE & Family Life Education, at Michael.humphreys@acps.k12.va.us or 703-619-8020.

Parent/Guardian Signature

Date