Family Life Education Information and Exemption Form  
2018-2019 Kindergarten

Dear Parent/Guardian:

During the 2018-2019 school-year, your child will be included in Family Life Education (FLE) lessons. The purpose of FLE is, among other things, to teach students to develop a positive self-image, to combat unwanted peer pressure, and to understand age-appropriate aspects of their own growth and development. You can access more information about the program by reviewing the summaries below or by visiting the library at your child’s school.

**PLEASE NOTE: You do not need to return this form unless you are opting your child out of some or all of the Family Life Education lessons.**

In order to exclude your child from any or all FLE content, please sign and date below and return this form to your child’s classroom teacher.

Child’s Name __________________     Classroom Teacher __________________

Directions: Please check those lessons in which you do not want your child to take part.

___ **Unit 1:** Creating our Kindergarten Community

- During this unit students will begin to develop a sense of self, learn how to develop healthy relationships, and learn how to maintain their personal safety.

___ **Unit 2:** We Are Different and the Same

- In this unit students will continue to develop a sense of self and will continue to see themselves within a family unit and a school community.

___ **Unit 3:** Who’s in Charge? I’m in Charge!

- During this unit students will develop strategies to maintain their personal safety in a variety of settings.

If you have any questions or concerns, please contact Mike Humphreys, ACPS Instructional Specialist for Health/PE & Family Life Education, at Michael.humphreys@acps.k12.va.us or 703-619-8020.

__________________________________________     ______________________
Parent/Guardian Signature                      Date