Alexandria City Public Schools regulations permit a student to opt-out of the Family Life Education curriculum. The Family Life Education (FLE) lessons that will be used at your child’s grade level are available to review in the library of your child’s school and any of the branches of the Alexandria Public Libraries. Please call the Family Life Education Instructional Specialist, Michael Humphreys, to preview any films (703-619-8047). To stay in FLE does not require any action on your part.

Directions: In order to have your child exempted from participation in the Family Life Education lessons being presented in his/her classroom, please complete this form and return it to the principal at your child’s school. Your child’s physical education teacher will arrange the alternate health education plans for your child in place of the Family Life Education lessons.

Student’s Last Name_________________ First Name_________________

Grade_____ Classroom Teacher’s Name___________________________

Middle School_________________________________________________

Please exempt the above named student from participation in the Family Life Education lessons being presented in his/her classroom this year. I understand that he/she will be given alternative instruction or skill development activities.

SIGNATURE OF PARENT/GUARDIAN________________________________

DATE___________ PHONE NUMBER________________________________